



2026 ENDOCRINOLOGY PROFESSIONAL SYMPOSIUM

Saturday, May 16
7:20 am–1:30 pm

The Center for Visual and Performing Arts
1040 Ridge Road, Munster

**This symposium is FREE; registration required by
Monday, May 11, 2026.**

To register, scan the QR code or log in to HealthStream;
click the Catalog tab; look for Catalog No. 38635.

For more information, call 219-703-1790 or email
Aquilina Ritacca, CME Coordinator, at aritacca@PowersHealth.org.



Scan to register

Program Agenda

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| 7:20-7:50 am | Registration and Continental Breakfast |
| 7:50-8 am | Welcome & Introduction Adil Alavi, MD |
| 8-8:45 am | Updates in Diabetes Technology and Screening Anita Swamy, MD |
| 8:45-9:30 am | Diabetes Care in the Modern Era: From Head to Toe Sirimon Reutrakul, MD |
| 9:30-9:45 am | Q &A |
| 9:45-10 am | Break |
| 10-10:45 am | Weight Management: The Future is Here Shriya Gandhi, MD |
| 10:45-11:30 am | What's New on the 2025 ATA Thyroid Cancer Brian Kim, MD |
| 11:30-12:15 pm | Updates and Pearls in Metabolic Liver Disease Anthony Pick, MD, CDCES, CCD |
| 12:15-12:30 pm | Q&A |
| 12:30-1 pm | Luncheon |
| 1-1:30 pm | Panel Discussion & Evaluation |
| 1:30 pm | Adjournment |

Program Objectives

1. Learn the current continuous glucose monitoring updates and blood/ketone sensors
2. Discover new pumps on the market.
3. Understand the last screening guidelines for type 1 diabetes.
4. Describe and apply the core pillars of contemporary diabetes management, including pharmacologic therapy, lifestyle intervention, cardiovascular risk reduction and complication prevention.
5. Integrate updated screening and monitoring guidelines for diabetes-related complications into clinical practice.
6. Implement evidence-based treatment strategies to optimize glycemic control and reduce diabetes-related complications in diverse patient populations.
7. Discuss definitions and pathophysiology of weight-management.
8. Summarize mechanisms of currently available weight-management medications.
9. Analyze data behind currently available weight-management medications.
10. Discover new treatments in the pipeline.
11. Demonstrate how risk stratifications is evolving in the new ATA guidelines.
12. Report how to target TSH in patients with thyroid cancer.
13. Describe how to de-escalate surveillance in low-risk patient with excellent response to therapy.
14. Review epidemiology and pathophysiology of metabolic liver disease.
15. Clarify evaluation of metabolic liver disease.
16. Explain the pharmacological management of metabolic liver disease.

Accreditation:

Powers Health (PH) is accredited by the Indiana State Medical Association to provide continuing medical education for physicians.

Powers Health Community Hospital is approved as a provider of nursing continuing professional development by VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 4.75 contact hours awarded for completed registration form, attendance of the entire live activity, and completion of the evaluation. VTL Provider Approval Number: IN228-3.

Designation:

Powers Health designates this live activity for a maximum of 4.75 AMA PRA Category 1 credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Policy:

In accordance with ACCME Standards for Integrity and Independence in Accredited Continuing Education, educational programs sponsored by the Powers Health must ensure balance, independence, objectivity, and scientific rigor in all sponsored educational programs. Prior to the activity, all faculty, authors, editors, and planners participating in a PH-sponsored activity are required to disclose to attendees any relevant financial relationship with an "ineligible company" whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

Disclosure Statement:

Brian Kim, MD, Sirimon Reutrakul, MD and Shriya Gandhi, MD discloses no relevant relationship with any ineligible companies. Anthony Pick, MD, CDCES, CCD discloses being on the speaker bureau for Madrigal; Anita Swamy, MD, discloses being on the speaker's bureau of Dexcom, Isulet and Sanofi. This was discussed with the speakers and all relevant financial relationship has been mitigated and resolved. The CME/CNE Staff discloses no relevant relationship with any ineligible companies.